CAUSING A STIR

Temperance (and Cosmopolitans) take a back seat this month, as three new books explore the edgier side of American cocktails

Regarding Cocktails
SASHA PETRASKE WITH GEORGETTE MOGER-PETRASKE
Easily the most buzzed booze book of the year, by and about the late Sasha Petraske, who started the whole neo-speakeasy thing with his much-copied New York nether-world Milk & Honey back in 2000. Essential reading for cocktail geeks.

A Proper Drink
ROBERT SIMONSON
The cult of the uppity bartender is explored in this *New York Times* journalist's fascinating account of why and how, after years of drinking drudgery (that's you, Cosmopolitan), America returned to the haute cocktail hour, and who was behind the revolution.

Colonial Spirits: A Toast to Our Drunken History
STEVEN GRASSE
An entertaining, endearing almanac of America's sozzled days of yore, with rebooted recipes of colonial-era curatives including Philadelphia's 1732 Fish House Punch and George Washington's 1757 beer.

High Spirits

Medium Fleur is one of Hollywood's most in-demand psychics – and, it turns out, not much like the characters in new Hulu drama *Shut Eye*

BY DERRIK J. LANG

SHUT EYE, the drama that debuts on Hulu this month, is not a flattering portrayal of the L.A. psychic trade. The show, in fact, depicts a world whose foundation is trickery and greed, which is a very long way from the view held by real-life Hollywood medium Fleur.

Fleur, a six-year veteran, works out of a quaint West Hollywood office, not under a neon sign. She claims to have had her abilities since she was a toddler. "It was just my thing," she says. "If I got a weird look on my face, we were leaving the party."

Today, she is a medium to the stars, with a client list that includes Lana Del Rey and Emma Roberts, which isn't something she likes to crow about. "When you look at the soul, you strip away money, fame, anything material. Everyone has lost someone. That isn't tainted at all by celebrity status."

Fleur is also unfazed by the perception of storefront scam artists like those in *Shut Eye*. "I've definitely had people come in who are extremely skeptical — even cynical — and after a session have said, 'Well, you must have hired a private detective.'" Even if she wanted to pull such a stunt, she says with a sigh, she couldn't afford to.

Fleur doesn't bother debunking the doubters, but she does point to one ability that suggests she is for real: a knack for multilingual communication that she doesn't possess in daily life. "The spirit world doesn't speak in language; it speaks in energy," she explains. "So I can read anywhere: China, India, Germany. It makes no difference." Fleur recalls a hospital stay, still fuzzy from anesthesia, when she effortlessly chatted with a nurse's deceased Filipina mother. "I don't even remember saying any of this stuff."

Shut Eye *premieres December 7*

ILLUSTRATION VALERO DOVAL @ YCN